



Dalhousie Medical Students' Society Newsletter

October 31st 2012

Vol. 3

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In The Loop

In the past two weeks the DMSS has been busy planning events, attending to curriculum needs, and supporting interest groups in their endeavors.

Med Ball is this Saturday night at the Westin. Dinner tickets sold out quickly so we have made Dance Only tickets available for 10\$/person on the DMSS.ca website. Cocktail hour begins at 6:30, dinner and awards at 7:30 and dance at 9:30. Get ready for an amazing night!!!

MedGames is coming up too! Joe Sadek, the DMSS Sports and Wellness rep, has been doing a fabulous job at coordinating registration for the Montreal based event. Med Games is Jan 11-13th 2013. See Joe's recent email for more information.

The Psychiatry Interest Group held a Lifestyles in Medicine night in Halifax this Monday night which was really well attended and enjoyed by all in attendance. The Surgery Interest Group (SIG) had a suturing skills session in the clinical skills lab this week. SIG is organizing a group order for suturing kits for 40-50\$/each. Contact dalmedsig@gmail.com for more information.

Lab coats and name tags have been distributed to most students who ordered them in September. Please ensure you collect your order! Contact DMSS@dal.ca to arrange a pick-up time.

A student run track selection process for Med 3 has been a major project for the DMSS this month. We will be working with UGME to ensure that a fair process will be implemented, but one that will allow students to have a say in which track they will be in.

Academically, Med 1's have completed Foundations I, and are starting Host Defense. Med 2's are working their way through the Psychiatry component of the Neuroscience course. Med 3's are over half way through their first unit of clerkship and Med 4's are spending time across the country on electives.

As always, please contact your DMSS executive team at DMSS@dal.ca with any questions or concerns!

- Rachel Doucette
DMSS VP Communications





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Family Medicine Interest Group

Rural Trip

The Family Medicine Interest Group (FMIG) made their first rural trip out to Sydney, Nova Scotia on October 19th-21st! We were dazzled by the gorgeous fall colours as we drove up, and warmly welcomed by family physicians, residents and clerks. An amazing clinical skills session was held where we learnt how to put on a cast, do injections, suture, start IV's, assess vital signs and put in catheters! We also enjoyed a lovely dinner attended by many of the community physicians where we got to learn about rural practice in Sydney. The FMIG is already looking forward to the next rural trip which will be held in the Spring!



Brittany practicing giving injections during a skills session in Sydney

Family Medicine Interest Group

The Dalhousie Family Medicine Interest Group was proud to recently host Dr. David Gass for a presentation on Physician Resource Planning in Nova Scotia.

Nova Scotians have recently struggled with timely access to family physicians, overcrowded emergency departments and long wait times for specialist appointments. These problems have spurred the government into devising a plan for managing physician resources in this province. Dr. Gass, Physician Advisor in the Health System Workforce Branch of the Nova Scotia Department of Health and Wellness, has been closely involved with developing the plan to restructure primary care in the province. Over the next ten years, NS will see a change in the number and the geographic distribution of physicians in order to better serve the population as a whole. Greater emphasis will be placed on collaborative care and the ratio of physician specialists to generalists will shift to better meet Nova Scotia's health care needs.

The FMIG has recorded this exciting presentation and will be posting it online for you to view at your leisure. To find out more about how this plan will impact your future career in any specialty please watch "Physician Resource Planning in Nova Scotia" on the DMSS website.

For any information on your FMIG please contact Iain Vergie, Sr Co-chair, or Brittany Barron, Jr Co-chair, at FMIG@Dal.ca



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News From The Saint John Campus

DMNB had a little fun this past weekend as med 1s 2s and 3s took to the paintball field! There was a great turnout and everyone who attended had an awesome time!

The mindfulness-based meditation group meeting every week. This is a great initiative and is teaching students how to develop self-help skills as well as to hone strong skills of awareness as a physician.

The Emergency Medicine interest group is hosting a lifestyles in medicine event next week which is open to all students! There will be three doctors, each at different stages of their careers, as well as a resident from the 3 year program. Hope to see you there!

It is that time of the year to let upper lip fur grow and we're going to make it a DMNB competition! During November each year, Movember is responsible for the sprouting of moustaches on thousands of men's faces, in Canada and around the world. With their "Mo's", these men raise vital funds and awareness for men's health, specifically prostate cancer and male mental health initiatives. Also, we will be taking photos once a week and displaying them at DMNB, where staff, faculty, VPs and students can donate to their favourite moustaches!

Med 3s will be venturing back to DMNB after the med 2 neuro exam to share their experience about their first clerkship rotation! This event is open to all first and second year students! It's a great opportunity to hear how things are running with our first group of clerks.

- Scott Lee
DMSS VP DMNB



Med 1 Students at DMNB get in the Halloween spirit by rocking out to a choreographed dance to Thriller!

Check out the Dalhousie Medicine New Brunswick facebook page for the full video!

Future of Ageing Conference – Mount Saint Vincent University, Halifax November 21st 2012

Our Future is Aging Conference is just one month away and we have an exciting program that you won't want to miss. We have nationally renowned speakers including Anne Martin Matthews, University of British Columbia, Susan Kirkland, Dalhousie University, and Andre Picard, Globe & Mail.

We are offering five tracks of concurrent sessions so that's five times the content to choose from on such topics as: aging in place, using a cultural lens, new models of delivery, gender and frailty, sciences and dementia, resilience in aging, retirement opportunities and challenges, caregiver support

Presenters will share their latest research that will inform policy and practice as well as advance our thinking about, and knowledge about, the complexity of aging.

Special Feature: Kathryn Allen Weldon Public Lecture by internationally recognized Dr. Kenneth Rockwood "Why have none of the new Alzheimer's drugs worked?"

If you need more motivation, check out the full conference program, including the program abstract at

www.msvu.ca/agingconference

Cafe Scientifique : connected with a research project led by Jacqueline Gahagan at Dalhousie University

"What if it was YOU(TH)?"
A discussion of HIV and Hepatitis C prevention

What if it were youth developing HIV and HCV prevention policies?

What if it were youth building prevention programming?

What if it were youth driving health research?
What if it was you?

Join us in exploring HIV/HCV prevention policy, programming, and research as we dive into the possibilities of youth engagement and innovation.

November 5th, 2012 (6-8:30 pm) at Just Us Cafe on Spring Garden Road, Halifax

There will be refreshments, all welcome! Please RSVP via email to pjhudson@mta.ca



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The Researcher

Hey Everyone!

Welcome to the most recent addition to the DMSS Newsletter – ‘The Researcher’. In order to further expose students to medical research, this monthly section will highlight some of the many clinicians in the Faculty of Medicine that alongside their clinical practice have active research careers. Take some time and read about some of the amazing research that’s happening in our backyard and maybe even consider getting involved! If you have any comments or suggestions please let me know!

Jeremy Springer
DMSS Research Representative
springer.jeremy@gmail.com



***Dr. Manohar Bance, MB, MSc, FRCS(C)
Professor and Acting Head Division of Otolaryngology***

Dr. Manohar Bance completed his medical degree at the University of Manchester. He developed an interest and passion in medical research and surgery at a young age, and throughout his training discovered that a career in otolaryngology would allow him to both practice surgery and conduct research simultaneously. He did his residency in otolaryngology at the University of Toronto, followed by an MSc in neurophysiology and a fellowship in Skull Base and Neurotologic Surgery at the University of Manchester. Prior to being invited to Dalhousie to develop their cochlear implant clinical and research program, he worked at U of T as a staff otolaryngologist while maintaining active research projects.

Dr. Bance specializes in otology and neurotology. His clinical and surgical practice involves diagnosing and treating various disorders of the ear, diseases of the temporal bone and lateral skull base, facial nerve and vestibular system. He also performs various hearing restoration surgeries such as cochlear implantation. Dr. Bance states that having the ability to restore function to deaf patients with amazing technologies is one of the most rewarding aspects of his job.

Dr. Bance keeps busy with research as the director of the Ear and Auditory Research lab (EAR lab) in the Tupper building, the Sensory Encoding and Neurosensory Engineering (SENSE) lab at Capital Health, as well as the Micro-fabrication Laboratory. His primary research focus involves engineering and building new hearing and imaging technologies, developing gene therapy for hearing loss, measuring functional outcomes from hearing rehabilitation technologies, and investigating bone conduction hearing. Dr. Bance has recently become involved in the commercialization of his medical devices in order to ensure his research can directly influence patient care.

Dr. Bance notes that a career as a clinician scientist is very challenging and time consuming, yet immensely rewarding. Regular difficulties may include obtaining funding for new projects, protecting dedicated research time and appropriately balancing your research and clinical commitments.

Recommendations to students interested in pursuing a career as a clinician/scientist include; developing your interests early, being persistent throughout your career and obtaining early research training with basic scientists in order to develop your core scientific understanding.

If you are interested in discussing a research project with Dr. Bance, please feel free to contact him at m.bance@dal.ca



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Apply for...CRA – Abbott Summer Clinical Studentship Program

- Introduce medical students to the subspecialty of Rheumatology, enhancing clinical skills of the student
- 12th year of clinical summer studentship program- 2012
- Up to 12 weeks, full-time, 37.5 hours, May – August, Up to \$5000
- Clinical experience with a rheumatologist (adult or pediatric)
- Eligibility:
 - Currently registered medical students of Canadian citizenship
 - Mentor Rheumatologists, members of the CRA and accepted to supervise
 - Not related to mentor

Apply for... CRA – Roche Summer Research Studentship Program

- Introduce medical students to the subspecialty of Rheumatology, enhancing research skills of the student
- 4th year of research summer studentship program- 2012
- Up to 12 weeks, full-time, 37.5 hours, May – August, Up to \$5000
- Eligibility:
 - Currently registered medical students of Canadian citizenship
 - Mentor is a CRA member with a feasible project who has accepted to supervise
 - Not related to mentor
- Research (clinical, basic, epidemiologic, etc)
- If required, ethics approval must be obtained before the student starts the project

Contact

Application deadline March 1, 2013

Christine Charnock at the Canadian Rheumatology Association Christine@rheum.ca
rheum.ca/en/students/summer_studentship or rheum.ca/fr/students/summer_studentship T: 905-952-0698

Upcoming Events

- Nov 1st 5:00pm – Residency Fair Tupper Link
- Nov 2nd 2:00-5:00 – Career Planning Session
- Nov 3rd 6:30pm – 1:00am – Med Ball at the Westin
- Nov 4th 9:30-11:00am Residency Planning Session for Med 2/3/4's by Student Affairs
- Nov 24-25th MMI Weekend
- Med Games Jan 11-13th Montreal