



Dalhousie Medical Students' Society Newsletter

October 3rd 2012

Vol. 1 Issue 1

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Welcome!

Thank-you for reading the first edition of the DMSS newsletter. The goal of the newsletter is simple; we want to keep you in the loop about events Dal Medicine is involved in. The newsletter will provide an avenue to showcase the many interest groups, student initiatives and intermural teams within Dal Med. We also hope to use the newsletter to distribute information from the DMSS that might be of interest to you.

If you would like to make a submission for the upcoming issues please email them to DMSS@dal.ca

DMSS: In the Loop

On behalf of the DMSS executive committee I would like welcome the class of 2016 to the Dal Med family, and I hope everyone has enjoyed their first month of medical school. A big thank-you goes out to the O-week committee for planning a great orientation week! Check out the pictures to the left of some of the o-week teams!

In the past month the DMSS executive and council have been busy getting settled into our new roles and planning incoming events. We held a used book sales at both campuses, rented lockers, and sold name tags and white lab coats. Planning is under way for Med Ball, Med Games and Euphoria! Check out the Upcoming Events section on the last page of this newsletter for those dates.

The DMSS will be launching a new website soon. One of the new features is an exportable google calendar that will be kept up to date with med school events and Tupper lounge bookings.

Interest groups have been starting up for the year. There was a great turn out for the Interest Group/Club Fair in mid September. If you missed out on the fair and haven't signed up for anything yet, there will be many chances to get involved! Look out for Lifestyles in Medicine events from the Surgery, Pediatrics, Obs/Gyne, Psych and Emergency Medicine groups in the next month.

Our next meeting Oct 17th, everyone is welcome!



O-Week Teams

Top: Anal Fishers, Bottom: The Tearin' Teratomas

Room Booking 101

Videoconferencing or any room in DMNB

- **Sign on to Medix and go to the DMNB Room Requests link**

Tupper student lounge

- **Email [DMSS@dal](mailto:DMSS@dal.ca) or talk to Rachel Doucette, VP Communications**



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Phi Chi

Interested in Joining Phi Chi Nu Sigma? Want to attend top notch skills nights? Network with decade's worth of Phi Chi members? Hear about our own house?? Get involved by volunteering in the community?

Come join us this September/October as we give you a taste of Phi Chi and what it is all about. With events such as skills nights and socials you will be begging us to tell you more--email the executives at pxdalmed@googlegroups.com for more details/if you have any questions!

Students had the opportunity to get their hands bloodied and bruised this past week with the IV Skills night. The event was hosted by Phi Chi members with the help of Dr. Orlando Hung and colleagues to show those interested in joining some of the skill-building opportunities Phi Chi can provide. Some of those in attendance were lucky enough to have partners who had natural IV inserting abilities, while others are sporting some wounds and bruises proudly.

A Phi Chi Social Night took place on the evening of September 14th in the Lounge.

Pledge meetings will be beginning soon so let us know if you want to join in on the fun. Find out more about Phi Chi at <http://www.phichimed.org/>.



A keen Devin Piccott braces himself as he prepares to have the first IV of the night inserted

For The Health Of It

Interesting in gaining some Euphoria practice early? Like performing in front of a large audience for charities? Interested in a friendly inter-professional competition? Then joining our For The Health Of It skit is right for you!

We're looking for anyone interested in helping out with this year's FTHOI performance.

For those of you who are thinking "What the heck is FTHOI?" "it's a skit competition between the different health professions (dentistry, nursing etc), that is also a way to raise money for a local charity.

This year it will take place on November 24th. Have no fear it should not interfere with the MMI weekend! Last year we won Most Comedic performance, and we hope to do it again.

For more info email Catherine Buhariwalla (cbuhariwalla@eastlink.ca) or Lindsay Cherpak (Lindsay.cherpak@dal.ca)

Sign up here to be involved...

<https://docs.google.com/spreadsheets/viewform?pli=1&formkey=dGtseDQ4LWthNDk1T3pWeHVZbk9JMFE6MQ#gid=0>



A mosaic mural produced by Phi Chi to be placed in the VG colonoscopy waiting room for patients and their families

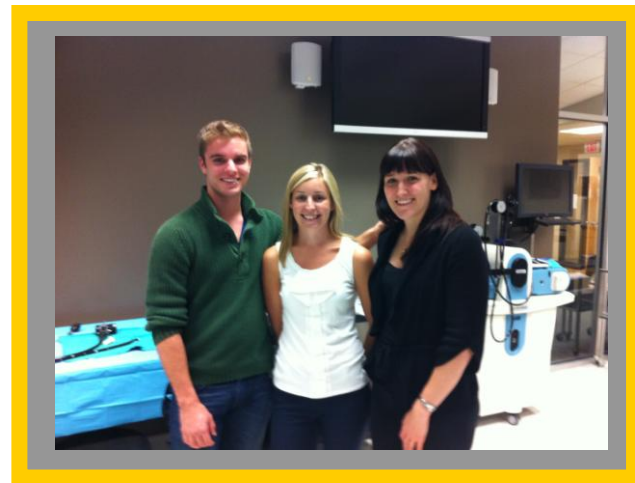


Anesthesia Interest Group

We are pleased to welcome Rachel Schoon and Nicholas Humpreys as the new representatives for the Anesthesia Interest Group (AIG). Both students are in Med 1 and will join Jaclyn DesRoches and Nada Ismaiel who are returning reps from last year. The AIG is now in its third year of existence and we are looking forward to our best year yet! We decided to kick off the year with the ever popular Airway Skills Night, which was very well attended. A huge thank you to all who attended, as well as to the physicians who volunteered their time to teach us these valuable skills. We are hoping to host 4 events this year to showcase life as an anesthesiologist and the wide variety of technical skills used in anesthesia. We encourage students to get involved with the Anesthesia Interest Group, either by attending our speaker or skills events, or by helping out at our events and setting up clinical and research electives in anesthesia. For more information contact, anesthesia.dal@gmail.com



Left: Airway Skills Night September 2012



Above: AIG Group: L to R Nicholas Humpreys, Jaclyn DesRoches, Rachel Schoon. Missing Nada Ismaiel

Family Medicine Interest Group – NS

The FMIG is off to an active start this year! Our first event was a "Lifestyles in Family Medicine" night in conjunction with the DMSS on Monday, September 17th. Two family physicians were in attendance to talk of their experiences as locum doctors and how they find the work-life balance. The talk was both enlightening and entertaining and exposed the diversity of a career in family medicine.

Stay tuned for upcoming events that include the fall rural trip to CAPE BRETON the weekend of October 19-21st and a visit from the Queen's Family Medicine Residency program (October 15th). More details to follow!



Sexual Health Outreach (SHOUT)

SHOUT is an interest group primarily focused on promoting sexual health and increasing awareness in the community. This group is led by Hyehyun Paek and Jaclyn DesRoches, both in their 2nd year at Dalhousie Medical School.

Our mission is to improve sexual health among young Nova Scotians by offering a short, interactive program to grade 9 classes throughout the HRM. This program has always been lots of fun and very informative for those involved. We are seeking volunteer medical students to help with these educational sessions. Our first meeting will be later this fall (stay tuned!) and is open to all interested medical students. We will introduce you to the program and explain the expected time commitment. For more information contact, shout.dal@gmail.com



Jaclyn and Hyehyun, SHOUT Coordinators

Surgery Interest Group

The Dalhousie Surgery Interest Group and DMSS are holding a Lifestyles in Medicine Event on Tuesday October 9 at 6:30 pm in the medical student lounge.

There will be physicians from general surgery, orthopedics, and ENT in attendance. The event will be informal, first allowing the speakers to discuss their approach to securing a career in surgery, what their particular specialty involves, and how they are able to balance work and life. Following this, there will be plenty of opportunity for students to ask specific questions that they may have. Food and drink will be provided. Unfortunately, this event is only available in Halifax.

Please fill out the form at the link below if you plan to attend.

<https://docs.google.com/spreadsheet/viewform?fromEmail=true&formkey=dEFrV05YREVYSmq4THI4VUk3QVlkYmc6MQ>

Questions? Email dalmedsig@gmail.com

Upcoming Events...

- Oct 3rd - Canadian Doctors for Medicare Meeting; Tupper lounge
- Oct 6th - Surgery Interest Group; Lifestyles in Medicine Night, Tupper lounge
- Oct 11th - Emergency Medicine Interest Group Lifestyles in Medicine Night; Tupper lounge
- Oct 13th - Med 1 Foundations I Exam
- Oct 17th - DMSS Meeting
- Oct 18th - SPRING meeting
- Nov 24th - FTHOI; Rebecca Cohn Auditorium
- Nov 3rd - MedBall; Westin Hotel
- Jan 11-13th Med Games in Montreal
- Feb 23rd - Euphoria